



September Meeting Speaker “The Music of the Beatles”

Val Irvine, Programme Committee Chair

Professor Mary-Lu Zahalan, Sheridan Institute of Technology and Advanced Learning



Born in Renfrew, Ontario and raised in Oakville, Prof. Zahalan was a Miss Canada finalist in 1976 before embarking on a career as an entertainer.

She received a nomination for a Juno Award in 1983 as Most Promising Female Vocalist. In 1990, she released the album

Zahalan.

In January 2011, Zahalan graduated from Liverpool Hope University with a master’s degree in a programme that studied The Beatles. She was the first graduate of the programme.

More Information on Mary-Lu Zahalan



CFUW Oakville Announces Two All Candidates Breakfasts

Deborah Rossiter

With the Ontario Provincial Election set for October 6 2011. CFUW Oakville is planning for two All Candidates Breakfasts, one for each Oakville riding.

There is a registration fee to cover the costs of the breakfast. Details of the dates and locations of both meetings, and how to purchase tickets, are not confirmed at the time of publication. Please check your e-mail or the CFUW Oakville website for complete information on the upcoming events.

Share the news of the CFUW Oakville All Candidates Breakfasts with your friends and neighbours. These events are open to the public. Not only do these events provide an opportunity for publicity for CFUW Oakville but they are also a good way for individuals to get to know their election candidates and ask them questions directly. So come on out and support your club and be involved in your community.

Details as they become available will be posted on the CFUW Oakville website at www.cfuwoakville.ca

September Meeting
Monday, September 19
 6:30 pm Social Hour
 (Note time change)
 8 pm Programme

Speaker: Mary-Lu Zahalan

Membership registration
 Come early to avoid the crowds

Interest Group sign up
 during social hour

Operating Engineers Hall
 2245 Speers Road
 Oakville

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President's Message

Anne Douglas, President

The geese are doing their practice formations in preparation for the flight south so we know there are only a few more weeks until September activities commence. Hope everyone has enjoyed the warm weather and summer holiday activities with friends and family.

Thank you to last year's executive and this year's executive and all the committee and interest group chairs for taking the initiative to STEP FORWARD and provide leadership. Together we make Oakville a vibrant club.

Many things have happened since the Oakville AGM which was organized by Irene Shlapak, Val Irvine, the Programme Committee, and Susan McArthur.

The successful Ontario Council AGM was hosted by CFUW Oakville under the leadership of Laura Machan, Myra Willis, Terri Shaw, and Carolyne Darimont. The theme of the conference was "Taking off the blinders: the four pillars of poverty". The 107 attendees heard passionate presentations from the keynote speaker, Dr. Joey Edwardh, Executive Director of Community Development Halton, and other dedicated speakers on the need for income security, food security, mental health, and affordable housing. One thing we can do as club members is to make generous donations to the scholarship trust which provides financial assistance to young women entering university.

At the Ontario Council AGM, Luba Podolsky presented the Mental Health Resolution which was passed after a short discussion. Oakville CFUW, with the Club' plans to prepare a national mental health resolution so that all clubs can advocate to make mental health a national focus.

The provincial election is October 6 and CFUW Oakville under the leadership of Darla Campbell is planning All Candidate Breakfast Meetings for Halton and Oakville ridings. STEP FORWARD and meet the candidates with your friends and family.

Luba Podolsky accompanied me to a meeting with Indira Naidoo-Harris, the Liberal candidate in Halton. We discussed Mental Health, Education, Environment, Poverty, and Fetal Alcohol Spectrum Disorder issues. CFUW Oakville will continue to meet with political leaders to share our concerns.

Congratulations to the Dragon Boat Interest Group who trained during the spring and won a bronze medal at the June competition on the Credit River. They raised over \$1700 for the Oakville CFUW Scholarship Trust.

STEP FORWARD and enjoy another great CFUW year—welcome new members; bring your friends to the CFUW community; advocate for people less fortunate; contribute to the scholarship trust and continue to learn through your interest groups. See you in September.

CFUW Oakville Dragon Boaters' Success



Dragon Boat Participants

L to R: Back Row: Sally Davis, Jackie Williams (Team Leader) Sonia Ellis, Lyndsey Thom, Becky Pogany Third Row: Susan Stavin, Mary McCarney, Lise Moras, Suzanne Vendramin, Angela Vassallo Second Row: Darla Campbell (Results Coach), Cynthia Ferrier, Deborah Rossiter, Gay Loveland, Donna Kraayeveld, Mary Wood, Sandy Gaik Front Row: Sheila Aldoroty, Patti Kent, Anne Hughes

Lyndsey Thom

After practicing for six weeks on Sixteen Mile Creek, the CFUW Oakville Dragon Boaters participated in the annual Mississauga Dragon Boat Festival in mid June.

From the quietude of Sixteen Mile Creek and watching the flora explode and the fauna emerge, they headed off to the citified Credit River, amidst planes, trains, and automobiles!

Race day was an action-packed, festive day, with crowds lining both sides of the Credit River. After a hiccup or two, in the initial heat, they rallied and tenaciously and persistently dug in to regain momentum in their second heat, in preparation for the final race.

The finals saw them after a slowish start, doggedly powering on, resolutely gritting themselves and determinedly surging to the finish buoys to enthusiastically claim a third place, bronze standing victory.

Kudos to Jackie Williams, Team Leader and organizer, and thanks to all who participated including Laura Machan and subs: Lori Harris, Gloria Thomlinson, Julie Eldridge, Jane Heakes. Hearty thanks to our appreciated race day photographer and videographer, Bill Ellis.

Wind in our Sails: Women at the Helm

CFUW Annual Meeting -- August 2011 – St. John's, Newfoundland

Anne Douglas, President

The AGM for CFUW National was held in St. John's, Newfoundland. Anne Douglas was the voting delegate and was accompanied by Luba Podolsky, Marlene Bristol and Sandy Thomson. Myra Willis and Terri Shaw also went as representatives of Ontario Council and the National board.

Brenda Wallace, CFUW President, announced that CFUW clubs across Canada awarded over \$1,000,000 to scholarships this past year. One of the founding members of CFUW, Alice E Wilson, had been recognized as a person of national significance.

There were two resolutions debated and passed into policy:

1. Reducing idling of all motorized vehicles in an attempt to reduce pollution and demand for fossil fuels
2. Criminalization of non-state actor torture which was presented to encourage Canada to meet obligations as a signatory of UN human rights instruments.

The presentation of the updated constitution and bylaws generated extensive discussion and resulted in rejection of the update motion. The voting delegates agreed that extensive work had been done but more work is needed before presentation to the membership in 2012.

The theme of the conference was Wind in Our Sails: Women at the Helm. The guest speakers highlighted their successful careers in academia, the arts, community service, labour relations, law, armed forces, aboriginal communities, research, industry and business.

Thoughts from the conference:

"Education is the underpinning in the struggle for the rights of girls and women. If they do not go to school, they will never be able to improve their status," said Marianne Haslegrave, IFUW President.

"Union assault equals women's assault; labour rights equals collective rights. Rights are not given; rights are only taken," said Lana Payne, President of the Newfoundland and Labrador Federation of Labour.

"In the non-profit sector, excellence is fundamental; we are all in this together; you deserve the best and we will

all work together to achieve this," said Jocelyn Greene, Executive Director of Stella Burry Community Services.

Dr. Noreen Golfman, founding director of the St. John's International Women's Film Festival commented that the film production classes are half women but women are barely present in commercial film production. Women need opportunities to showcase their work.

Susan Russell, CFUW Coordinator for International Relations, announced that CFUW's International Women's Day support for the upcoming year will be CARE and the Maternal and Child Care project. CARE is at the forefront of the movement to safeguard women's health during pregnancy and childbirth in developing countries.



Moya Cahill, co-founder of PanGeo Subsea, is a technology and service provider of high resolution services in the oil and gas industry. Only six percent of technology business is headed by women. "Give your children the gift of confidence." "Have a vision and take the steps."

The AGM is very inspiring. Sandy Thomson will be representing CFUW Oakville at the CFUW National AGM, June 21-25 in Victoria. Join Sandy and plan your 2012 holiday on the West Coast. IFUW triennial AGM in Istanbul will be in summer 2013.

Sandy Thomson, Vice-President

Being a first time AGMer, I was awestruck by the energy, enthusiasm, and force of this collective body of women – at the helm on a national level. The notable dignitaries opening the conference included Susan Sullivan, Minister of the Status of Women for Newfoundland, speaking on behalf of Kathy Dunderdale, Premier of Newfoundland and Labrador. Her opening remarks included a quote from Ms. Dunderdale: "Women are tired of knocking on the door and asking to be let in; they are now knocking the door down." Also invited and present was Marianne Haslegrave, president of the International Federation of University Women (IFUW) who spoke about their current programme: education for employment,

leadership, free from violence, financial independence, and sustainable futures.

Brenda Wallace, our national president, highlighted the positiveness and energy of all Clubs across Canada. "We have made learning our priority. We believe in the power of education. We believe that a university or college education is one of the most effective ways for women to achieve equality, maintain their voice as well as understand and exercise their rights....the need has never been greater for independent self-funded groups such as CFUW to be visible, with strong community based activities...we are an engaged group for women who continue to show community, national and international leadership."

The conference included workshops and I attended two: "Women in Business" and "What was involved in Rewriting the National Constitution and By-Laws: Process, Lessons and FAQs." The two business women, Paula Sheppard and Moya Cahill, both with established careers, each told "herstory" and it made me wish I was thirty years younger and starting over again! Such drive! Such vitality!

The business meeting proved to be a real "eye opener" and centered on the two resolutions and the constitution and by-laws. The pros and cons voiced at the microphones were appealing, emotional and unfortunately at times, cutting, which led the vice president of the Atlantic region refer to this part of the meeting as the "tangily bits...."

Having heard Eileen Grant speak to the two years' of work, toil, and love on the constitution and by-laws, I was disappointed the motion to accept the 17th draft version of the constitution and by-laws was defeated by a mere 11 votes. After the vote was counted and announced, there was profound shock, dismay and surprise in the room...the saying, "You could hear a pin drop" was very appropo. However Eileen and her Committee did receive a standing ovation for their hard work. A motion was passed to appoint or reappoint a Committee to start this major piece of work.

I was surprised to learn that CFUW Oakville is a club in the minority from a national perspective: three quarters of our sister clubs have fewer than 100 members. Networking was a key function of the conference and I chatted with as many different club members as possible. I was not surprised to hear of similar issues and successes.

All in all, I learned that collectively, though we are unable to part seas, we are a force to be reckoned with and the work we do moves in waves to reshape the shorelines and thus reshape our world.

Summer Happenings

Marlene Bristol, Past President

- CFUW Oakville was well represented at the CFUW National Annual General Meeting in St. John's, NFLD August 4-6. Myra Willis, Vice-President Ontario; Teri Shaw, National Director of Resolutions; and from CFUW Oakville Anne Douglas, President; Sandy Thomson, VP; Luba Podolsky, Resolutions Chair; and Marlene Bristol, Past President. Despite the horrible weather, they greatly enjoyed Newfoundland hospitality and beautiful scenery! Please remember all CFUW members are welcome to attend National Conferences; the next one is in Victoria B.C.
- One of the presentations at the Ontario Council AGM hosted by our Club last May concerned a project called "Not Far From the Tree." Through this project, local food not harvested in the growing season will be harvested by volunteers and then donated to local food banks. Anyone interested in more information should visit Oakville Sustainable Food Partnership (OSFP) at www.osfp.ca or Go Local Oakville at www.transitionoakville.ca. You may also contact Jen McPherson at FoodinHalton@gmail.com.
- Many of our members will be attending **A Tribute Dinner for Sally Armstrong**, with speaker Dr. Sima Samar, Chair Afghanistan Independent Human Rights Commission, to be held on Friday September 30 at the Oakville Conference Centre. Dr. Samar was a guest speaker at last year's CFUW National Annual Meeting and those who attended were profoundly affected by her presentation. There are only a few tickets available—if you are interested, please contact Marlene Bristol. This event is sponsored by Canadians in Support of Afghan Women and Canadian Women for Women in Afghanistan, proceeds to support education projects in Afghanistan—CSAW.
- Congratulations to our hard-working newsletter editor and webmaster, Carolyne Darimont, who received the "Solo Librarians Division Service Award" for Excellence in Service at the Special Libraries Association 2011 Annual Conference in Philadelphia, PA, on June 13.
- Maureen Rudzik is delighted to announce the birth of her granddaughter, Kathleen Noelle Lippert on July 10. Then, Maureen's first great-grandchild, a girl named Lydia Rose Seger, was born on July 25. This wee one was only 4 lbs 3 ozs at birth but is now doing extremely well.

Interest Groups Update

Lise Moras, Interest Group Convenor

Many of our club members have enjoyed making new friends and sharing their passions for a variety of interests by joining some of the excellent interest groups that are available in CFUW Oakville. New members are encouraged to join some of these groups as it is a great way to meet new people and feel at home in our club.

This year there are three new groups:

Gourmet I – This group needs a convenor and the Gourmet III group has offered to assist in getting this new group started. The meeting day will be up to the Gourmet I group to decide. The Gourmet groups are very popular and this is a great opportunity to get involved!

Couples Movie Night II – Will meet on the 4th Saturday of the month, while the original Couples Movie Night I will continue to meet on the 3rd Saturday. Returning and new members will now have a choice as to which night suits them best.

Gluten-Free Gourmet Group – At the supermarkets we have all seen many new gluten-free products. However, it continues to be a challenge when someone in your family or someone you are entertaining has a gluten issue. For those who would enjoy a monthly outing with great gluten-free food, shared with other women who are interested in learning more about this issue, please consider becoming a member of this new group, convened by Diana Wilson.

At the September meeting, sign-up sheets will be available to all new and returning members. Please remember that CFUW fees must be paid prior to joining any interest groups and membership numbers will be required on the sign-up sheets.

If anyone wishes to start another interest group this year, please let me know so that a sign-up sheet is available for the September meeting. New ideas are encouraged!

As a new member myself last year, I would really encourage all new members to join some of the interest groups as it is the quickest way to make new friends and feel like you belong! If you have any questions or suggestions, please contact me.

Resolutions Report

Luba Podolsky, Resolutions Chair

The Ontario resolution on mental health has been accepted and is now policy at the Provincial level.

We have been encouraged to produce a mental health resolution for CFUW National. The first step is to ask the Oakville members to support such an effort. Therefore, at the September general meeting you will be asked to vote on the following preliminary draft:

***A Mental Health Strategy for Canada
Resolved that the Canadian Federation of University Women (CFUW) urge the Government of Canada, in collaboration with its Provincial, Territorial and Aboriginal governments, to create and implement a policy which promotes mental health, prevents mental illness, and cares for those suffering from mental illness and/or addictions.***



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Information from the Treasurer

Patricia Turner, Treasurer

Sharon Pogany audited the CFUW Oakville 2010-2011 books. Many thanks have been given to her on the Club's behalf.

The following breakdown indicates how your membership fees have been dispersed in recent years.

The CFUW membership fee will not increase this year. It will remain at \$110 for 2011-2012.

The full budget is on the next page.

University Women's Club of Oakville Scholarship Fund

Marlene Bristol, Past President and Vice Chair UWC of Oakville Scholarship Fund

As you fill out your CFUW Oakville membership renewal form, please remember that besides the \$10 donation to our Scholarship Fund, which is part of your annual dues, there is space on the form for an additional contribution. These contributions are tax deductible.

Every dollar is important as, during these difficult times for financial markets, we wish to maintain and hopefully increase the amount of our scholarships. Tuition fees have risen over the years and attending university has become very expensive.

Please consider making a donation!

Breakdown of Membership Fees (\$)

	2003 -2004	2004 -2005	2005 -2006	2006 -2007	2007- 2008	2008 -2009	2009 -2010	2010 -2011
CFUW Scholarship Donation	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00
Ontario Council Dues	2.70	3.85	4.85	6.10	6.10	6.00	6.00	6.00
CFUW National Dues	37.00	37.00	45.00	50.00	55.00	60.00	60.00	60.00
CFUW Oakville	30.30	39.15	30.15	43.90	38.90	34.00	34.00	34.00
Total Membership Fee	80.00	90.00	90.00	110.00	110.00	110.00	110.00	110.00



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Karen Oliver
CFUW

CFUW Oakville Proposed Budget 2011-2012

Motion for Approval at September 2011 General Meeting

Accounts	Budget 2010-2011	Actual 2010-2011	Proposed Budget 2011-2012
REVENUE			
Membership Fees*	25,872	28,491	25,168
Advertising	1,700	1,800	1,700
Interest	32	200	200
Other Revenue Miscellaneous	0	0	0
Charitable Trust (Fundraiser)	500	0	0
Ticketed Events	0	827	0
Ontario Council AGM '11, Oakville		-503	503
TOTAL REVENUE	28,104	30,815	27,571
EXPENSES			
CFUW & Ontario Council Fees	15,770	15,309	15,315
Charitable Trust	500	0	0
Delegates**	2,000	1,602	3,080
Hospitality	296	561	300
Membership	750	651	750
Newsletter	1,100	720	900
Other Operating Expenses	225	397	325
Programme	1,200	1,823	1200
Publicity	200	235	250
Records Management	100	0	100
Resolutions	500	558	50
Scholarship and Awards	300	266	300
Scholarship Fund	2,370	5,205	2,300
Venue Rental	2,743	3,057	3,100
Bank Fees	50	33	150
TOTAL EXPENSES	28,104	30,417	28,120
Revenue in Excess of Expenses	0	398	-549
Cash	8,100	9,030	8,885
Guaranteed Investment Certificate	10,000	10,000	10,000

*Budget calculated at previous year's number of paid members (228 x \$110 plus 2 dual x \$44) and a minimum \$10 donation being disbursed to Scholarship Fund.

**Based on 1 member attending National AGM, 3 members attending Ontario Regional Fall Gathering, 3 members attending Ontario Council Standing Committee meetings in September, January & March, and 1 member attending Ontario Council AGM




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CFUW Oakville Awards Reception

Gay Loveland, Awards Committee Co-Chair
Laurie Nordin-MacLeod, Awards Committee Co-Chair

On June 7, a reception for the award winners was held at the home of Gay Loveland.

CFUW hosts for this event were the Awards Committee Members (Joanne Badame, Brenda DeHaan, Donna Kraayeveld, Gay Loveland, Rosemary Shea and Laurie Nordin-MacLeod.) Anne Douglas, CFUW Oakville President, attended along with Marlene Bristol, representing the Scholarship Trust Fund. Other attendees included Carolyne Darimont, Melissa Vassallo and her mother, Angela.

Everyone from CFUW Oakville was delighted to meet these accomplished young women and the family members who accompanied them. The young winners were most appreciative of the awards that they had received and gracious in their thanks to CFUW Oakville. All the girls were enthusiastic about their future studies in their chosen fields and exemplified the breadth of the awards that are provided by CFUW Oakville. As it was the first year that the Access Award, inspired by Melissa Vassallo, was awarded, it was especially heart-warming to see the young winners' great appreciation. The future looks encouraging when one hears about the significant achievements of these young women and their determination to fulfil their goals in the future.

Each month we will profile one or two award winners so our club members can appreciate their dedication and contribution to the community.

It is evident to the Committee that there is a tremendous need for financial assistance in the Oakville community due to the rising costs of postsecondary education. Please remember that increased donations can be made at the time of registration and your support of the fundraising efforts makes a difference in the lives of young women.

University Entrance Award

Jessica Kim (Mildred G. Allworth Award)
Madeleine Chiang
Laura Ann Goodfellow
Melissa He
Marsha Louise McLeod
Jessica Skultety

Community Service Award

Ashley Clarke
Lisa Whittall (Shirley Henderson Community Service Award)

Jean Malcolm Smith Community Service Award

Julia Barber

Mature Student Award

Deborah Murphy

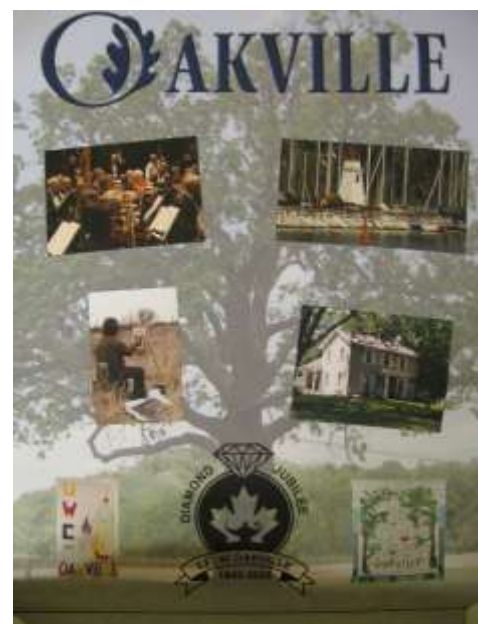
Access Award

Dana Arafeh



New Travel Banner

Our CFUW banner that is proudly displayed at each meeting is getting fragile. Consequently, Joan Barber helped design a new travel banner to take to Ontario Council and CFUW National functions. Joan worked with Bell Hewitt of CPS Inkworks. The banner shows the 250 year old oak tree, the CFUW Oakville 60th anniversary logo, pictures of the two previous banners, and the heritage, recreation and arts of Oakville.



Meeting and Speaker Schedule

September 19, 2011

Professor Mary-Lu Zahalan, Sheridan Institute of Technology and Advanced Learning
"The Music of the Beatles"

October 17, 2011

Rick Roberts, Author
"Genealogy"

November 21, 2011

Canadian Mental Health Association
"Women's Mental Health and the Legal System"

December 5, 2011

John Huston, Actor
"How the Victorians Invented Christmas"
Harbour Banquet & Conference Centre
Cocktails at 6 pm, followed by Dinner at 7 pm

January 16, 2012

Dr. Laurel Trainor
"How Music Affects Brain Development"

February 27, 2012

Linda Williams, Stephen Lewis Foundation
"Grandmothers to Grandmothers Project"

March 19, 2012

TBA

April 16, 2012

Dr. Lori Woolford
"Training Surgeons in Third World Countries"

May 14, 2012 AGM Dinner

Speaker: TBD
Harbour Banquet & Conference Centre
Cocktails at 6 pm, followed by Dinner at 7 pm

CFUW Oakville Leadership 2011-2012

Executive Committee

President -- Anne Douglas (president@cfuwoakville.ca)
Vice-President -- Sandy Thomson
Secretary -- Dee Ann Cadeau (info@cfuwoakville.ca)
Treasurer -- Pat Turner
Past President -- Marlene Bristol
Honorary President -- Sarah Sims and Susan McArthur

Standing Committee Chairs

Awards -- Gay Loveland; Laurie Nordin-MacLeod
(awards@cfuwoakville.ca)
Education -- Charlotte Jeneway
Finance -- Pat Turner
Hospitality -- Gloria Tomlinson
Interest Groups -- Lise Moras
(interestgroups@cfuwoakville.ca)
Membership -- Susan Walkinshaw
(membership@cfuwoakville.ca)
Newsletter Editor -- Carolyne Darimont
(editor@cfuwoakville.ca)
Newsletter Distribution -- Jean Stoten
Nominations -- Marlene Bristol
Programme -- Val Irvine (programme@cfuwoakville.ca)
Publicity -- Lyndsey Thom (publicity@cfuwoakville.ca)
Resolutions -- Luba Podolsky
Status of Women -- Donna Kraayeveld

Special Club Appointments

IFUW/CFUW Liaison -- Marlene Bristol
Directory -- Susan Walkinshaw
Archivist -- Valerie Potter
Web Manager -- Carolyne Darimont
(webmaster@cfuwoakville.ca)
Advancement of Women Halton -- Teri Shaw; Marlene Bristol

University Women's Club of Oakville Scholarship Fund Trustees

Chair -- Darla Campbell (scholarship@cfuwoakville.ca)
Vice-Chair -- Marlene Bristol
Treasurer -- Sharon Pogany (interim)
Secretary -- Mary Wood
Awards Chairs -- Gay Loveland; Laurie Nordin-MacLeod
Ex-officio: President -- Anne Douglas
Ex-officio: Treasurer -- Pat Turner

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Important Dates

CFUW events are also shown on our club calendar at (<http://www.cfuwoakville.ca/Calendar.php>)

Sept 12	CFUW Oakville Executive Meeting	Public Library Program Room	7 pm	
Sept 19	CFUW Oakville General Meeting	Operating Engineers Hall	Social 6:30 pm	Meeting 8 pm
Sept 24	Standing Committee meeting	Toronto		
October	Women's History Month			
Oct 1	Intents for National Resolution due			
Oct 3	CFUW Oakville Executive Meeting	Public Library Program Room	7 pm	
Oct 6	Provincial Election			
Oct 15	Ontario North Regional Gathering	North Bay		
Oct 17	CFUW Oakville General Meeting	Operating Engineers Hall	Social 7 pm	Meeting 8 pm
Oct 29	Ontario West Regional Gathering	London		
Nov 14	CFUW Oakville Executive Meeting	Public Library Program Room	7 pm	
Nov 21	CFUW Oakville General Meeting	Operating Engineers Hall	Social 7 pm	Meeting 8 pm
Nov 28	CFUW Oakville Executive Meeting	Public Library Program Room	7 pm	
Dec 5	CFUW Oakville Christmas Dinner		Social 6 pm	Dinner 7 pm

Membership Update

Susan Walkinshaw, Membership

Membership Badges: We will once again order membership badges for those who are interested, you may order through your membership renewals. Badges are a great way to relate to new and current members, so please remember them when you are updating your membership form.

Renewals:

Individual Membership forms for renewal of your 2011-2012 CFUW Oakville membership have been sent via email where possible, and will be delivered with the September newsletter as necessary. If you do not receive your renewal please contact me at membership@cfuwoakville.ca.

Interest Groups Schedule

Interest Group	Convenor(s)	Meeting Place/Time	Description
Arts Quest		Third Wed @ 10:00-10:30 am	Arts-oriented group. Visits to private collections and outings to exhibits and places of interest.
Boomers		Last Wed @ 6:30-7:30 pm	The emphasis of this group is on fun and variety. Meeting times vary somewhat depending on the activity. Members share in the planning of various events.
Beyond Bloomsbury I	Bonnie Jackson	Fourth Tues @ 7:30 pm	Members of these three groups meet once a month to listen to speakers and discuss topics of interest such as health, politics and education
Beyond Bloomsbury II	Sue Monaghan	First Tues @ 7:30 pm	
Beyond Bloomsbury III	Sue Stephens		

Interest Groups Schedule Continued

Book Beat Morning I	Laurie Nordin-MacLeod	Fourth Wed @ 930 am	Members of these six groups choose books to read and discuss each month. Selections focus on the particular interests of the members of each group.
Book Beat Morning II	Pat Zebnka	First Wed @ 10:00 am	
Book Beat Evening I	Sarah Sims	Last Thur @ 7:30pm	
Book Beat Evening II	Kathy Cleemput	First Wed @ 7:30pm	
Book Beat Evening III	Julie Eldridge	First Tues @ 7:30 pm	
Literary Ladies	Marg MacLure Mary Lloyd	First Thur @ 10:00 am	
Book Exchange	Joanna Blair		Geographical subgroups of twelve members are organized by the convenor. Subgroups select books and circulate them each month. Costs are shared and books are distributed at year-end.
Great Books	Iris Zawadowski	Fourth Thur @ 9:30 am	We follow a reading program set up by the Great Books Foundation from the University of Chicago.
Daytime Duplicate Bridge	Jean Haynes Joanne Diamond	Second & Fourth Fri from 9 - 12	
Duplicate Bridge	Sylvia Langlois	12:30-3:30 1st Wed	
Thursday Social Bridge	Shirley Andrews	every Thur at 12:45 pm	
Tuesday Social Bridge	Eleanor Challacombe	Second and Fourth Tues @ 12:45 pm	
Couples Marathon Bridge	Angela Lukowski Karen Vaughan	dates vary	
Dragonboating	Jackie Williams	May-June	
Golf	Sue McArthur	Tues 9:30-noon May - August	Six weeks of practice with 20 women in a boat, and a race at the end.
Gluten-free Gourmet *	Diana Wilson		Members of varying skills take turns organizing outings to play golf and have fun. Play is during mornings in season; play nine holes at nearby public golf courses.
Gourmet I *			
Gourmet II	Pat Hutchison Sue Hierlihy	Second Thur @ 700 pm	
Gourmet III	Jeanne Crockatt	Second Thur @ 7:00 pm	
Gourmet IV	Julie Eldridge	Second Thur at 7:00 pm	
Happy Hikers	Rosemary Shea Suzanne Yager	Tues @ 8:50 am September - June	These groups meet monthly to share fine food, menus, recipes, and good company.
In Town Trails	Beth Jefferson Marg MacLure	Tues 9:10 am	Prompt departure at 9:00 a.m. Sears Parking lot at Oakville Place. Most hikes are of 1½-2 hours in duration and take place on the Bruce Trail. Poles and hiking boots are suggested
Issues	Lin Mackrael	Last Thur @ 7:15pm	Walk the trails in & around Oakville. Once a month we explore a museum or gallery in the GTA
Lunch Bunch	Becky Pogany	Third Thur @ noon	An opportunity to both socialize and educate ourselves on current issues, with a potential goal to act as agents for change.
Couples Movie Night II	Lise Moras	Fourth Saturday	Ladies who lunch once a month, impromptu, at a restaurant, for networking and socializing.
Music Appreciation	Dagmar Rydlo Maika Hanus	Second Wed @ 10 am	The Couples Movie Group meet monthly for a movie/theatre productions and socializing
Psychology/Spirituality	Louise Brownlee	Second Thur @ 9:30am	Members expand their knowledge of music of various styles from an historical point of view. Activities include listening and discussing music, listening to speakers, and attending performances.
			This group explores the human soul in a cheerful and friendly atmosphere. Research is shared and discussed.



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visit <http://www.cfuwoakville.ca> for more information on events, happenings, committees, interest groups and speakers



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